



Dance Classes Offered September 2018 to June 2019

Class Descriptions	Day	Studio	Time	Teacher
Twinkles Ages 3 - 4 Creative Dance & Tumbling A fun, light-hearted introduction to creative dance, some pre-ballet, and very basic tumbling on a mat. No experience required. Class length: 40 minutes. Dress Code: Girls - Pastel pink leotard & pink tights. Pink ballet shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes.	Monday Wednesday	MZ MZ	9:15a 9:15a	Tami Tami
Star Tots Ages 3.5 - 4.5 Pre Ballet, Tumbling & Tap Basics Children learn the joy of expressing themselves through movement, song and dance in these most delightful classes for our young stars. No experience required. Class length: 45 minutes. Dress Code: Girls - Pastel pink leotard & pink tights, Pink ballet shoes. Boys - Solid white t-shirt, black jazz pants or leggings, white ballet shoes.	Monday Wednesday Saturday	MZ MZ MZ	9:15a 9:15a 9:10a	Tami Tami Sonly
Personality Stars I Ages 4.5 - 6 Tap, Ballet & Acrobatic Combo Students are ready to become more independent and develop their concentration and coordination skills. Class length: 50 minutes Dress Code: Girls - Pastel pink leotard & pink tights, pink Bloch or Capezio ballet shoes. Bloch tan model S0302G. or Capezio 3800C caramel color tap shoes. Boys - Solid white t-shirt, black jazz pants or leggings, white ballet shoes. Tan oxford-style tap shoes.	Monday Wednesday Saturday Sunday	MZ MZ MZ MZ	4:15p 4:15p 10:10a 10:10a	Kiley Monique Sonly Sophia
Personality Stars II Ages 5.5 - 7 Tap, Ballet & Acrobatic Combo 5.5 year olds should have already completed Personality Stars I or equivalent. Students become more aware of good posture and correct technique. Class length: 50 minutes. Dress Code: Girls - Pastel blue leotard & pink tights, pink Bloch or Capezio ballet shoes. Bloch tan model S0302G. or Capezio 3800C caramel color tap shoes. Boys - Solid white t-shirt, black jazz pants or leggings, white ballet shoes. Tan oxford-style tap shoes.	Monday Tuesday Saturday Sunday	MZ MZ MZ MZ	5:10p 6:10p 11:10a 9:10a	Kiley Sonly Sonly Tami
Stars Ages 6.5 - 8 Tap & Ballet Combo Personality Stars II or equivalent required. Private lessons available for new students. Children learn to use formation changes in choreography and are able to enjoy more complex dance combinations. Class length: 50 minutes Dress Code: Girls - Berry (by Bloch) leotard & pink tights, pink Bloch or Capezio ballet shoes. Bloch tan model S0302G or Capezio 3800C caramel color tap shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes. Tan oxford-style tap shoes.	Tuesday Wednesday Saturday Sunday	MZ MZ MZ Main	5:10p 5:10p 12:10a 11:10a	Tami Monique Sonly Sophia
Jazzy Stars Ages 7.5 - 9 Tap & Intro to Jazz Combo The sequel to Stars and the forming of versatile dancers. Children develop more strength along with the spirit of teamwork. Stars or equivalent is required. Class length: 55 minutes. Dress Code: Girls - Lavender (by Bloch) leotard & pink tights, pink Bloch or Capezio ballet shoes. Bloch tan model S0302G or Capezio 3800C caramel color tap shoes. Boys - Solid white t-shirt, black jazz pants, white ballet shoes, tan oxford-style tap shoes.	Friday Saturday	Main Main	4:10p 11:10a	Tami Julie
Rising Star Classical Ballet 1A / 1B Ages 8 - 11 The all important classical style ballet. Students learn to understand and apply proper body alignment and ballet technique. Class length: 50 minutes. Dress code: Girls - Lavender (by Bloch) leotard, pink tights, pink Capezio or Bloch ballet shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes.	Thursday	MZ	4:15p	Tami
Musical Comedy Tap & Jazz Stars Ages 8 - 11 Enjoy creative self expression. Music and choreography varies: Musicals, Big Band, Pop. Previous tap experience required. Class length: 55 minutes Dress code: Girls - Royal Blue leotard, tan tights. Boys - Solid white t-shirt, black jazz pants. Unisex shoes: Bloch tan tap shoes model S0302G. Bloch tan Elasta Bootie jazz shoes S0499 (leather) or or S0473 (canvas).	Sunday	Main	9:10a	Sophia
Rising Star Classical Ballet 2A Ages 8 - 11 The main foundation of dance. For students with at least one year of Classical Ballet training. Learn coordination, spatial awareness, musicality and ballet vocabulary. Class length: 55 minutes. Dress code: Girls - Royal Blue leotard, pink tights, Pink Capezio or Bloch split sole ballet shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes.	Monday	MZ	6:10p	Kiley
Tap 'n Jazzers Ages 10 - 13 A combination class of tap & jazz. Continuation of the intermediate level tap and jazz learned in Musical Comedy. Optional, but adding Rising Star Classical Ballet I or II would be ideal. Class length: 55 minutes Dress code: Girls - Burgundy leotard, Solid black snug fit jazz pants. Boys - White shirt, black jazz pants. Unisex shoes: Bloch tan tap shoes model S0302. Bloch tan Elasta Bootie jazz shoes S0499 (leather) or or S0473 (canvas).	Thursday Saturday	Main Main	5:10p 12:10p	Tami Julie
Beginning Tap Ages 9 through adult - 6 Week Session 9/20 - 10/25 A special course of concentrated tap dance technique for first time tappers. This course will be of assistance to those who may be interested in joining our ongoing tap classes. No dress code - just comfortable clothing and tan tap shoes.	Thursday	MZ	7:05p	Monique
Boy's Tap Team VI Ages 13 - 17 4/4 - 6/8/19 session Intermediate-Advanced level choreography designed for boys for June 14/15 performances. Class length: 1 hour.	Saturday	Main	4:30p	Train & Allison
The Following Classes Require Enrollment in a Minimum of 2 Star Dance Studio Classes				
Salsa I/II Ages 9 - 12 A fun, exciting and authentic dance style of Cuba! Requires enrollment in a traditional technique class: ballet, jazz or contemporary. Class length: 50 minutes. Dress code: Girls - Any solid color leotard. Tan tights. Boys - Solid color t-shirt, solid black jazz pants. Jazz shoes: Tan Bloch Elasta Bootie jazz shoes S0499L (leather) or S0473L (canvas).	Thursday Saturday	MZ MZ	6:10p 1:30p	Sonly Sonly
Lyrical I Ages 9 - 12 A fusion of ballet and jazz techniques. Students learn musicality and expression by understanding how to listen to music. Current enrollment in a Star Dance ballet class is required. Class length: 55 minutes. Dress code: Girls - Burgundy leotard, footless tan tights, black dance shorts. Boys - Black T-shirt, black jazz pants or shorts. Footwear: Dance Paws.	Saturday	Main	3:30p	Tami
Hip Hop Kidz III Ages 9 - 13 A fun and high energy street style dance. Requires enrollment in at least one traditional dance technique class: Jazz or Ballet. Class length: 50 minutes. Dress code: Girls and Boys - Solid color, loose fit, hip length T-shirt, Solid black sweat pants or jazz pants, all white sneakers - not street worn.	Saturday	MZ	2:30p	Tami



Class Descriptions	Day	Studio	Time	Teacher
Rising Star Classical Ballet 2B Ages 10 - 13 The main foundation of dance. For students with at least two years of Classical Ballet training. Students continue learning coordination, spatial awareness, musicality and additional ballet vocabulary. Class length: 55 minutes. Dress code: Girls - Garnet (by Bloch) leotard, pink tights, Pink Capezio or Bloch split sole ballet shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes.	Monday Sunday	Main Main	6:10p 10:10a	Tami Tami
Stars of Tomorrow II Contemporary Jazz Ages 10 - 13 An exciting mix of jazz and contemporary dance. Previous jazz and/or ballet training required. Class length: 55 minutes. Dress code: Girls - Garnet (by Bloch) color leotard, solid black snug fit jazz pants. Boys - solid color white t-shirt, solid black snug fit jazz pants. Shoes: Bloch tan jazz shoes S0499 (leather) or S0473L (canvas).	Tuesday	Main	4:10p	Tami
Stars of Tomorrow II Tap Ages 10 - 13 Enjoy the tradition of Broadway style tap. Intermediate level tap. Class length: 55 minutes. Dress code: Girls - Garnet (by Bloch) leotard, solid black snug fitting jazz pants. Boys - solid white t-shirt, solid black snug fitting jazz pants. Shoes: Bloch or Capezio leather split-sole tap shoes. Tan or Caramel	Tuesday	Main	5:10p	Monique
Hip Hop V Intermediate Ages 11 - 15 Previous hip hop dance experience is needed. Requires enrollment in at least one traditional dance technique class: Jazz or Ballet. Class length: 55 minutes. Dress code: Girls and Boys - Solid color loose fit hip length T-shirt, Solid black sweat pants or jazz pants, all white sneakers - not street worn.	Friday	Main	5:10p	Tami
Rising Star Classical Ballet 3 / 4 Ages 11 - 14 The main foundation of dance. For students with at least three years of Classical Ballet training. Continue learning coordination, spatial awareness, musicality and additional ballet vocabulary. Class length: 55 minutes. Dress code: Girls - Black leotard, pink tights, Pink Capezio or Bloch split sole ballet shoes. Boys - Solid white t-shirt, black leggings, white ballet shoes.	Wednesday Saturday	Main MZ	4:10p 1:30p	Tami Tami
Contemporary Dance III / IV Ages 13 - 16 Move off balance, practice inversions and learn fun floor-work phrases in this energetic class designed to connect story with expression. Dress code: Girls - Black leotard and jazz pants. Boys - Black T-shirt and jazz pants. Footwear: Dance Paws or similar style	Monday	Main	4:10p	Tami
Shining Stars II / III Jazz Ages 13 - 16 Theatrical style jazz with a focus on turns and leaps. Strong Intermediate level. Class length: 55 minutes. Dress code: Girls - Any solid color leotard, solid black snug fitting jazz pants, or shorts & tan tights. Boys - Solid color t-shirt, solid black snug fitting jazz pants. Bloch or Capezio tan leather or canvas jazz shoes.	Saturday	Main	10:10a	Julie
Shining Stars II / III Tap Ages 13 - 16 Tap! A true American art form. Creates rhythm and sound, musicality and quick thinking. Intermediate level stylized tap. Class length: 55 minutes. Dress code: Girls - Any solid color leotard, solid black snug fitting jazz pants, or shorts & tan tights. Boys - Solid color t-shirt, solid black snug fitting jazz pants. Bloch or Capezio tan color leather split sole tap shoes.	Saturday Monday	Main Main	9:10a 5:10p	Julie Monique
Lyrical IV Ages 12 - 16 A fusion of ballet and jazz techniques. Students learn musicality and expression by understanding how to listen to music. An already developed strong ballet foundation or current enrollment in a Star Dance classical ballet class is required. Class length: 55 minutes. Dress code: Girls - Any solid color leotard, footless tan tights, black dance shorts. Boys - Black T-shirt, black jazz pants. Footwear: Dance Paws.	Sunday	Main	12:10p	Sophia
Ballet Technique Ages 12 & up Technique Only for ballet levels 3 and over. Focus on Classical movement principles and improving alignment, strength and balance. Class length: 55 minutes. Dress code: Usual ballet attire	Friday	Main	6:10p	Tami
Rising Star Classical Ballet 5B Ages 13 - 16 Develop greater depth of expression, intricate center work, turns, jumps and spatial awareness. Class length: 55 minutes. Dress code: Girls - Black leotard, pink tights, Pink split sole ballet shoes. Boys - Solid black or white t-shirt, black jazz pants, white split sole ballet shoes.	Wednesday Sunday	Main Main	6:15p 11:10a	Tami Tami
Salsa V - Intermediate / Advanced Ages 14 - 17 For 4th year students of authentic Cuban Salsa. Requires enrollment in a traditional technique class: ballet, jazz or contemporary. Class length: 55 minutes. Dress code: Girls - Any solid color leotard, black jazz pants, Bloch tan or Capezio caramel all leather 2" heel character shoes. Boys - Solid color t-shirt, solid black jazz pants. Professional black ballroom shoes or tan jazz shoes.	Saturday	Main	2:30p	Sonly
Advanced Contemporary & Jazz Ages 14 - 18 Analyzes the fundamental motions of the body and the relationship between movement, musicality and concept. Teaches finding the balance of power and grace within the movement. Class length: 55 minutes. Dress code: Girls - Any solid color leotard, black jazz pants. Boys - Solid color T-shirt, black jazz pants. Footwear: Dance Paws	Tuesday	Main	6:10p	Tami
Pointe Technique Only Level 6 Ages 14 - 18 Required for Rising Star Classical Ballet Level 6 Pointe students who are on or want to go on pointe. Also by instructor's invitation to Level 5 students desiring pointe work. Focus on pointe technique, strength and balance. Class length: 55 minutes. Dress code: Usual ballet attire and pointe shoes. Be sure to confirm with instructor before purchasing shoes.	Thursday	Main	6:10p	Tami
Rising Star Classical Ballet & Pointe Level 6 Ages 14 - 18 More complex choreography. Strengthen stability and balance techniques. Class length: 55 minutes. Dress code: Girls - Teal leotard, pink tights, Pink Capezio or Bloch ballet shoes. Boys - Black or white t-shirt, black tights or snug fit jazz pants, white ballet shoes.	Thursday	Main	7:05p	Tami
Advanced Hip Hop Ages 15 - 18 by instructor's invitation only Class length: 55 minutes. Dress code: Solid color loose fit t-shirt, solid color loose fit sweat pants, All white sneakers - not street worn.	Wednesday	Main	5:10p	Tami
Dance Company Membership By audition only. Register if interested, but do not pay registration or tuition fees. Auditions to be held September 17 & 19, 2018	Monday	Main	7:05p	Monique, Tami & Guest Teachers
San Francisco Junior Star Dance Company Ages 9 - 12 Class length 75 minutes	Monday	Main	7:05p	Monique, Tami & Guest Teachers
San Francisco Star Dance Company Ages 13 - 16 Class length 90 minutes	Wednesday	Main	7:05p	

Please also see our Adult Schedule of Classes.

Schedule subject to change.

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